

## OMS October 2022 Board Meeting

<b>Committee Name:</b>	Oregon Masters Swimming	<b>Session #:</b>	n/a
<b>Committee Chair:</b>	Tim Waud	<b>Vice Chair:</b>	Robbert van Andel
<b>Minutes recorded by:</b>	Kristina Franklin	<b>Date/time of meeting:</b>	23 October, 2022, 9:30 am PDT

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### Actions Items:

1. Alice will send the data from MailChimp about AquaMaster readership to Kermit so we can analyze for future updates to the AquaMaster format.
2. Tim and Collette will put together some tentative budgets for clinics and provide them to Kermit to be included in the 2023 OMS budget.

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### Motions Passed:

1. n/a

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### Motions Passed via email prior to the meeting:

1. OMS to reimburse Portland Bridge Swim for \$2277.00 for the food that was provided during the OMS 50<sup>th</sup> Anniversary "Beach Party" event at Cathedral Park. Motion made by Tim Waud and seconded by Jacki Allender.

**Number of board members present: 14**                      **Absent: 6**                      **Number of guests present: 0**

**Board members present (list all, including chair and vice chair):**

Tim Waud (Chair)  
Robbert van Andel (Vice-Chair, Sanctions)  
Kristina Franklin (Secretary)  
Kermit Yensen (Treasurer)  
Alice Zabudsky (AquaMaster Editor)  
Bob Bruce (Long Distance), via Zoom  
Christina Fox (Membership Coordinator)  
Colette Crabbe (Fitness)  
Ginger Pierson (Payments Administrator)  
Jeanna Summers (Souvenirs)  
Joy Ward (Safety)  
MJ Caswell (Top Ten)  
Nancy Vincent (OREG Club Rep)  
Sandi Rousseau (USMS Rep)

**Committee Members Absent:**

Gary Whitman (Data Manager)  
Jacki Allender (Officials)  
Kevin Cleary (Coaches)  
Marlys Cappaert (Program Development, ALTS)  
Sara Shepherd (Awards)

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## Summary of OMS Discussions via email prior to meeting

- a. Tim noted that OMS still needs to reimburse the Portland Bridge Swim for the food that was provided during the OMS 50<sup>th</sup> Anniversary "Beach Party" event at Cathedral Park. Tim attached the invoice from Tamale Boy. We agree to pay our portion of the food vendor bill which is a total of \$2277.00. Tim moves to reimburse the Portland Bridge Swim \$2277.00 for the Beach Party expenses. Jacki seconds. Motion passes via email with no discussion

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## Minutes of Annual Retreat Meeting

The meeting was called to order at 10:00 AM.

1. 2022 Convention (Tim)
  - a. The fee increases were approved, even though when the unified fee was introduced, we were told fees would not increase for five years.
  - b. The National Office is focusing on promoting things at the local level- open water events, clinics, meets, etc.
2. Souvenirs (Jeanna)
  - a. The 50<sup>th</sup> anniversary caps have been distributed.
  - b. People are requesting the gear exchanges at the meets again. Jeanna will trial a gear exchange at the next swim meet.
  - c. Swim Outlet team store is moving forward, but the logo needs to be reformatted. Jeanna is going to reach out to Bonnie, the former webmaster, for assistance with the logo.
3. Safety (Joy)
  - a. We have new laminated No Diving signs, an ample supply of safety vests.
  - b. Incident report forms are updated. We are in good shape for safety.
  - c. Jeanna is a lifeguard now, and thought the test was simple and easy.
4. Aquamaster (Alice)
  - a. Alice is transitioning the AquaMaster role to Bonnie. Bonnie is able to use the InDesign format, so the transition should be seamless.
  - b. Alice has also been creating the awards booklet using the photos that are printed in the AquaMaster. Alice has not checked with Bonnie about her willingness to create the awards booklet. If Bonnie is not willing, Alice could continue as long as she has access to the pictures.
  - c. Through Mailchimp, Alice can tell how many people are clicking on each article, but it does not appear that there are many readers. 25 clicks would be a good article. Kermit thinks it would be helpful to know the readership data so we can use it to examine the future of the AquaMaster. Bonnie is going to send the data to Kermit for analysis.

5. Fitness (Colette)

a. Clinics

- i. Colette is looking at running two clinics next year in Vancouver. The preference would be for 4-5 technique clinics each year, with a focus on more low-level swimmers. Preference would be to allow both USMS and non-USMS swimmers.
- ii. USMS insurance is high, so the clinics may be higher cost for the attendees. Would we like to have a standard set fee for clinics, as we do for meets? Private swimming lessons are \$25 for a ½-hour. That makes a \$50 clinic cost-effective. Tim would like to see more clinics, preferably stroke-specific.
- iii. Sandi does not have many signed up for the stroke clinic next weekend, nor for the coach's clinic. Sandi asks the OMS board to promote the events.
- iv. For the 2023 budget, Tim and Collette will put together some tentative budgets for clinics and provide them to Kermit. We should consider clinics in other parts of the state, as well. Outside of the Portland area, there are workout groups in Ashland, Bend, Corvallis, Eugene, Hood River, Medford, Salem, St. Helens, and Toledo.

6. Membership (Christina)

- a. Christina shared the registration fees for 2021 and 2022. It gets more complicated for 2023 because the numbers change depending on when the workout groups register.
- b. There were 1114 members last year, 19 workout groups, and 5 clubs. Some of the clubs may have registered as clubs instead of as workout groups.

7. Vice Chair (Robbert)

a. 2022-2023 Pool Schedule

- i. Tim has been in touch with The Dalles to host a meet in July. This will be a combined effort with different members of the OMS board to help them by hosting the meet.
- ii. Willamalane in Springfield is also interested in hosting a meet. This is a very nice facility similar to North Clackamas Aquatic Park.
- iii. MAC is planning to host a meet.
- iv. Gold's Gym bought the Lacamas pool. This may be an option for us in the future.

b. Pool rental fees

- i. The pool rental fees are increasing. Perhaps OMS can consider paying the pool rental fees for meets. Pools can use the resources of their high school swim teams for officials and timers, etc. Eliminating the need to pay pool rental fees would allow the meet hosts to make money from hosting the meet.

8. Long Distance/Open Water (Bob, via Zoom)

a. Tentative 2023 Open Water Schedule

June 11- Lake Juniper- Sunday morning event.

July 9- Portland Bridge Swim is the weekend before Foster Lake. This will start the “Your Oregon Swimcation”

July 13- Foster Lake Cable Swim.

July 15-16- Southern Oregon Open Water Swims at Applegate Lake

July 29- Cascade Lakes Swim Festival at Elk Lake. Bob is hoping this can be a two- or three- day event.

August 12- Oregon Coast Wild Swims at Eel Lake. This date is flexible depending on the pool meet schedule

b. Pool schedule information

- i. The problem with the proposed date in April for the Associations meet in Bend is that Bob will be out of the country that weekend. The next best weekend will be May 12-13.
- ii. Tim asked if Bob would have interest to do a full-blown introduction to open water clinic during the Lake Juniper meet. Bob would prefer to have a separate date for a clinic, keeping in mind the triathlon schedules.
- iii. Bob suggested a return to the Gil Young long-course meet in the Portland area.
- iv. Tim told Bob that we are looking at a pool meet in July at The Dalles. July 22<sup>nd</sup> weekend is the only available slot.

c. Status of Foster Lake Cable Project

- i. Bob filed a proposal with the Army Corps of Engineers to lay the cable, and finally got a response. They are “working on it” and will let him know when they have more information. If the Army Corps says yes, and if the base of the lake makes it feasible, then we will have a work party in January or February to lay the course.

d. Additional comments on other topics:

- i. One-event registration fees for 2022 are up to \$20 instead of \$15
- ii. Officials- Bob agrees with Jacki’s ideas on spending money for officials because we should prioritize funding more pool meets. Bob disagrees with the amount of on-deck training hours needed to become certified officials because it is not practical with not enough meets to do training.
- iii. Reserve Funds- Bob disagrees with OMS paying money for workout group registration fees. Tim told Bob we were considering paying for pool fees for meets instead. Bob agrees this would be helpful.

9. Secretary (Kristina)

a. By-laws

- i. Board members should be contributing members, but the bylaws are vague about what that means and what are the consequences for not participating. Christina recommended looking at other LMSC bylaws and policies.
- ii. Sandi offered to help Kristina looking at the formatting during the winter season.

10. Officials (Jacki via email)

- a. Jacki asked the board to discuss the following:
  - i. Please add to host responsibilities for pool meets sending a list of officials that worked the meet to the LMSC Officials Chair. This can be delegated to the meet referee.
  - ii. Consider that OMS will reimburse lodging expenses for officials as follows:
    - One-day meet- 1 night for 1 official
    - Two-day meet- 1 night for up to 2 officials
    - Association meet- 2 nights for up to 3 officials
- b. Meet Hosts would still be responsible for the meet referee
- c. Kermit adds that Jacki's proposal for officials does not include a dollar amount. Before this proposal can be added to the budget, we need a dollar amount.

#### 11. Webmaster (Tim/Robbert)

- a. OMS Website is currently using WordPress, running on Matt's platform. Moving forward, a different platform may make more sense for us.
- b. We do not necessarily need a Webmaster who knows how to code. There are plenty of easy platforms to use. There is a suggestion to advertise on AquaMaster that OMS is looking for a new webmaster.
- c. The Webmaster could double as the communications person if it's a good fit for them.

#### 12. Good of the Order

- a. Possible board positions: Communications, Diversity & Inclusion could be additions. Christina adds there are resources out there for communications chairs at OMS.
- b. What is the best approach to make sure the teams are going to make money for hosting meets? There are several approaches we could take. What is the balance point where we have enough meets to encourage activity from our members, but we're not going to lose money by providing pool rental fees for poorly attended meets.

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## Committee Reports sent via email

### Souvenirs Report from Jeanna Summers

#### Anniversary Caps

Most of the anniversary caps have been distributed to swimmers throughout Oregon and SW Washington via local representatives. I still have a packet of caps for Columbia Gorge Masters which I will bring to the retreat and give to Sandi. I will also bring the 12 remaining caps to the retreat. Take one or several if you will have an opportunity to distribute to those who have not received one.

#### Gear Exchange

I have had a number of inquiries about reviving the Gear Exchange and so will do so. I will send a copy of an announcement about the Gear Exchange for the e-mail blasts for both the Hood River meet on Nov. 12 and the meet in Bend on Dec. 10.

**SwimOutlet Team Store**

The team store is proceeding with the help of a very patient SwimOutlet representative. I anticipate the store will be ready for purchases for your holiday gift buying!!

The logoed items that will be available are:

T-shirts, tech and cotton, men's and women's

Tank tops, men's and women's

Pullover Hoodie

Sweats' tops and bottoms, men's and women's

Parkas

Hats

The colors to select from are gray, black, red, royal blue, and white. I tentatively chose royal blue as the primary color, but would like some feedback on that and on additional colors.

**AquaMaster Report from Alice Zabudsky**

**Aqua Master Expenses for 2022**

January, 2022	\$2.90	\$1.18	<b>\$4.08</b>	1	22
February, 2022	\$4.00	\$0.98	<b>\$4.98</b>	1	16
March, 2022	\$4.00	\$0.78	<b>\$4.78</b>	1	16
April, 2022	<b>\$0.00</b>	\$0.78	<b>\$0.78</b>	1	20
May/June, 2022	<b>\$0.00</b>	\$0.78	<b>\$0.78</b>	1	22
July, 2022	\$4.00	\$0.78	<b>\$4.78</b>	1	16
August, 2022	\$3.00	\$0.84	<b>\$3.84</b>	1	12
September, 2022	<b>\$0.00</b>	\$0.84	<b>\$0.84</b>	1	12
October, 2022	\$3.00	\$0.84	<b>\$3.84</b>	1	12
November/December, 2022	\$3.00	\$0.84	<b>\$3.84</b>	1	12
<b>TOTALS FOR 2022</b>	<b>\$23.90</b>	<b>\$8.64</b>	<b>\$32.54</b>		

The yellow indicates that I printed it on my own printer, and OMS was not charged.

## Membership Coordinator Report from Christina Fox

### Registration Fees

#### Past fees (2022 and 2021)

Fees	2022				2021			
	USMS	OMS	Club	Total <sup>1</sup>	USMS	OMS	Club	Total <sup>1</sup>
Individual registration	\$48.00	\$8.00	\$4.00	\$60.00	\$48.00	\$11.50	\$0.50	\$60.00
Year Plus/ end of year	\$31.20	\$3.80	\$4.00	\$39.00	\$31.20	\$7.30	\$0.50	\$39.00
OEVT	\$12.00	\$3.00	-	\$15.00	\$12.00	\$3.00	-	\$15.00
Club	\$48.00	\$12.00	-	\$60.00	\$48.00	\$12.00	-	\$60.00
Workout Group	\$48.00	\$12.00	-	\$60.00	\$48.00	\$12.00	-	\$60.00

<sup>1</sup> OMS + Club portion = 20% of total unified fee

### 2023 Registration Fees

The following unified fees for 2023 were approved by the HOD at 2022 Annual Meeting. The LMSC portion of the fee remains at 20% of the unified fee.

Fees	USMS	OMS	Club	Total Unified fee
USMS standard individual membership				
From Nov. 1 - Dec. 31, 2022	\$52.00	\$13.00	tbd	\$65.00
From Jan. 1 - Oct. 31, 2023	\$56.00	\$14.00	tbd	\$70.00
Year-Plus Membership				
Offered July 1 - Oct. 31, 2023	\$92.00	\$23.00	tbd	\$115.00
USMS club & workout registration:				
From Oct. 1 - 31, 2022	\$52.00	\$13.00	-	\$65.00
From Nov. 1, 2022 - Sept. 30, 2023	\$56.00	\$14.00	-	\$70.00
USMS one-event membership (OEVT)	\$16.00	\$4.00	tbd	\$20.00

### Registration Details

#### Number of Members by Club

Club	Abbr	2022		2021		2020		2019	2018	2017
		#	WOG	#	WOG	#	WOG	#	#	#

Oregon Masters	OREG	915	19	815	23	894	25	1076	1034	1022
VillaSport Beaverton	VSBV	0	-	2	-	7	-	5	7	7
TEAM Eugene Aquatics-Masters	TEAM	13	-	8	-		-			
St. Helens Masters	SHM	3	-	2	-		-			
Toledo Tidal Waves	TIDES	4	-		-		-			
Unattached	UNAT	179	-	133	-	110	-	160	135	168
	<b>Total</b>	<b>1114</b>		<b>960</b>		<b>1014</b>		<b>1247</b>	<b>1186</b>	<b>1227</b>

### Age breakdown

Age breakdown	2022	2021	2020	2019
<25	32	29	23	47
25-69	967	867	892	1103
>69	115	64	99	97

### OEVT Registrations

	2022	2021	2020	2019	2018
Portland Bridge Swim	19		0	13	19
Applegate	4		0	9	15
Cascade Lakes	47		0	?	34
Eel Lake	-	21 or 39?	0	6	2
Foster Lake	-		0	?	4
Lake of the Woods	-		0	5	7
<b>Total</b>	<b>70</b>	<b>0</b>	<b>0</b>	<b>33</b>	<b>81</b>

### Year Plus Option

	# of swimmers
2022	84
2021	123
2020	11
2019	40
2018	24
2017	49

### Donations

Level	Number
Diamond (\$100+)	3
Gold (\$50-\$100)	7
Silver (<\$50)	40

<b>Total</b>	<b>50</b>
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### Donation History

<b>Year</b>	<b># Donations</b>	<b>\$ Donated</b>
2022	50	\$1,272
2021	63	\$1,566
2020	61	\$1,584
2019	51	\$1,349
2018	79	\$ 2,096
2017	67	\$1,750

### Scholarships

<b>Type</b>	<b>Amount awarded</b>
Swim Meet Entry	-
USMS Fee	\$60
Other	-
<b>Total</b>	<b>\$60</b>

### Past Scholarship Dollars Spent

<b>Year</b>	<b>Amount</b>
2022	\$60.00
2021	\$60.00
2020	\$64.00
2019	\$847.50
2018	\$1,032.40
2017	\$821.50

### Coaches and ALTS Instructors

Database tracks 3 levels of coaching: Coach Designation, Coach Affiliation and Certified Coach

<b>Year</b>	<b>Coach Designation (\$30)</b>	<b>Coach Affiliation (self-identified)</b>	<b>Certified Coach</b>	<b>ALTS Instructors</b>
2022	32	138	59	21
2021	32	45	53	20
2020	46	80	62	26
2019	37	102	70	22
2018	41	89	49	24
2017	31		61	12

**Officials**

<b>Year</b>	<b>Official Affiliation (self-identified)</b>
2022	19
2021	21
2020	22
2019	22
2018	27

## Awards Report from Sarah Shepherd

### 2022 OMS AWARDS ACCOUNTING SUMMARY

Submitted by: Sara Shepherd

Order Date	Vendor	Item	Total (\$)
2/24/2022	Big Sign FX	(2) Open Water Banners, (15) '2' Stickers	\$157.36
3/3/2022	SwimOutlet.com	(2) Swim Bags, (2) Mesh Bags	\$194.99
3/23/2022	Oregon Screen Impressions	(25) Chevron patches and shipping	\$105.00
3/31/2022	Costco	Towels (9)	\$71.91
3/31/2022	Stitch-n-Embroidery	Embroidery for (9) towels	\$420.00
4/8/2022	USMS	AA patches and certificates	\$139.00
		<b>GRAND TOTAL</b>	<b>\$1,088.26</b>

### OMS Awards Chair Annual Report

#### OMS Board Retreat – October 23, 2022

At the February 14, 2022 OMS Board Meeting, members voted to not include the Most Splashes awards due to zero meets held in the state of Oregon in 2021.

#### Final Awards Order and Costs

- Included OMS Awards for the entire calendar year for both pool and LD events
- Total cost for 2022 was \$1,088.26 (2022 OMS Awards Accounting Summary)
- Budgeted amount was \$1,500.00

Detailed description of awards, costs and vendors (2022 Final Prices OMS Awards)

### 2022 Final Prices OMS Awards

Award Name / Recipient	Qty	Award Item & Vendor	Cost
Connie Wilson Memorial Award <i>Barb Harris</i>	1	<u>Speedo Teamster Swim Backpack</u> Color: (1) Black (72.50) & (1) Navy/Yellow (72.50) Vendor: SwimOutlet.com <u>Embroidery:</u>	Bag (2): \$144.99
Ol' Barn Award <i>Jim Teisher</i>	1	OMS logo Award Name/2021/Awardee Name	<b>Sub-total = 144.99</b>
Hazel Bressie Spirit Award <i>Shelly Rawding</i>	1	<u>Speedo Deluxe Ventilator Mesh Bag</u> Color: (1) Jasmine Green (25.00) & (1) Imperial Blue (25.00) Vendor: SwimOutlet.com	Bag: (2) = 50.00

<b>Award Name / Recipient</b>	<b>Qty</b>	<b>Award Item &amp; Vendor</b>	<b>Cost</b>
Gil Young Spirit Award <i>Dr. Tom Phipps</i>	1	<u>Embroidery:</u> OMS logo Award Name/2021/Awardee Name	<b>Sub-total = 50.00</b>
OMS Special Service Award <i>Group of: Bob Bruce, Barb Harris, Dr. Tom Phipps, Lizzie Cheney, Tim Waud</i>	1	<u>Beach Towel</u> Color: (5) White Vendor: Costco <u>Embroidery:</u> OMS logo Award Name/2021/Awardee Name	Towel: (5) @ 7.99 = 39.95 <b>Sub-total = 39.95</b>
Outstanding Female Swimmer <i>49 &amp; under/Lex Higlett</i>	1	<u>Beach Towel</u> Color: (4) White Vendor: Costco <u>Embroidery:</u> OMS logo Award Name/2021/Awardee Name	Towel: (4) @ 7.99 = 31.96 <b>Sub-total = 31.96</b>
Outstanding Female Swimmer 50 & over/ <i>Gillian Salton</i>	1		
Outstanding Male Swimmer 49 & under/ <i>Matthew McComish</i>	1		
Outstanding Male Swimmer 50 & over/ <i>Richard Howell</i>	1		
Open Water Championships	2	<u>Banners:</u> (1) Large Team Champion (1) Small Team Champion Vendor: Big Sign FX	(1) large & (1) small = 115.80 <b>Sub-total = 115.80</b> <b>Total for all banners = \$115.80</b>
Stickers to Reuse Banners in 2022	15	Vendor: Big Sign FX	<b>Sub-total = 41.56</b>
OMS Postal Participation Challenge	25	<u>Chevrons</u> Color: Black/yellow 2"W x .75"T for year "2022" Vendor: Oregon Screen Impressions	(25) chevrons @ 3.60 = 90.00 Shipping = 15.00 <b>Sub-total = 105.00</b>
All American		<u>AA Awards: Patches &amp; certificates</u> Pool Individual & Relay and Long Distance Vendor: USMS	(26) patch&certs @ 5.00 = 130.00 (9) certs @ 1.00 = 9.00 <b>Sub-total = 139.00</b>

<b>Award Name / Recipient</b>	<b>Qty</b>	<b>Award Item &amp; Vendor</b>	<b>Cost</b>
Embroidery		<u>Embroidery for Swim Bags, Mesh Bags &amp; Towels</u> Vendor: Stitch-n-Embroidery	<b>Sub-total = \$420.00</b>
<b>TOTAL COST</b>		<b>2021 total was \$290.96</b>	<b>\$1,088.26</b>

## 2022 Vendors

**Oregon Screen Impressions** ([www.oregonscreen.com](http://www.oregonscreen.com))  
3580 NE Broadway  
Portland 97232  
Contact: Gaby Gonzalez  
503-231-0181 ext.108  
gabrielag@oregonscreen.com

**Stitch-n-Embroidery** ([www.stitchnembroidery.com](http://www.stitchnembroidery.com))  
408 Beaver Creek Rd #406, Oregon City 97045  
Contact: Nichole  
503-557-9090  
nichole@stitchnembroidery.com

**Big Sign FX** ([www.bigsignfx.com](http://www.bigsignfx.com))  
4865 Airway Drive, Unit 101, Central Point, OR 97502  
Contact: Lance  
sales@bigsignfx.com

**USMS** ([volunteer@usmastersswimming.org](mailto:volunteer@usmastersswimming.org))  
1751 Mound St, Suite 201  
Sarasota, FL 34236  
Contact: Various

**SwimOutlet.com**

## OREG Club report by Nancy Vincent

OREG Board held its annual meeting on October 4, 2022. Toni Hecksel has resigned as Chair and Susan Albright has resigned as Secretary. The new OREG board is as follows:

Scott Sullivan - Chair  
Nancy Vincent - Vice Chair  
Pat Allender - Treasurer

Tom Phipps - Secretary

The main topic of discussion was the budget for 2023. The board expects to end 2022 with a balance of ~\$6100. We are projecting enough swimmers will attend Spring Nationals in Irvine to be able to send one or two coaches. We are not projecting enough swimmers will attend Summer Nationals in Florida to send a coach. For Nationals, we also have the associated expenses for relays, shirts, caps, and tents. With recent increases in travel expenses, we plan to increase reimbursement for Nationals coaches to \$250/day (from \$200/day) for the head coach and \$125/day (from \$100/day) for the assistant coach.

OREG Board is again requesting \$2800 in swimmer dues from OMS in 2023.

OREG had 16 swimmers register for Spring 2022 Nationals in San Antonio, which allowed us to send Bob Bruce as the team coach, for which \$800 of expenses were reimbursed. Other club expenses this year were club registration fees and relays fees for Spring Nationals and the Postal Events.