

Committee Name:	Long Distance	Session #:	1	Report #:	1
Committee Chair:	Phyllis Quinn	Vice Chair:			Catherine Rust
Minutes recorded by:	Lorena Sims	Date/time of meeting:			06/25/23 at 8pm ET

Actions Requiring Approval by the HOD:

1. ??

Motions Passed:

1. ??

Number of committee members present:	11	Absent:	3	Number of other delegates present:	1
Committee members present: Phyllis Quinn, Jill Wright, Lorena Sims, Jim Davidson, Catherine Rust, Tim Murphy, Nicki Phillips, Stephen Rouch, Anna Jordan, Jenny Hodges, David Minor.					
Absent: John Fox, Bob Bruce, Ali Hall.					
Ex-Officio members present: Robin Smith.					

Topic: LDC Meeting – June 25, 2023

The meeting was called to order at 8:00pm ET:

1. Welcome and roll call
2. Approval of any outstanding meeting minutes – April minutes to be resent for approval at next meeting.
3. Reports from the chair (Phyllis), vice chair (Catherine), vice president (Robin), and NO representative (Jay).
 - **Phyllis** – Update on national championship swims.
 - **Catherine** – Cable swim went off well – temp was 66-67 and there were a lot of fast swims with 6 records broken. South Dakota swim is coming up right after nationals – goal is 80-100 entries.
 - **Robin** – Annual meeting is set Sept 8-10 and will be hybrid again at the Marriott at IAH. The LDC meeting in August (27th) will be in conjunction with the annual meeting and the minutes will need to follow the annual meeting template.
 - **Jay** – I'll be traveling Sunday evening and won't be able to make this call. The 2023 USMS 5K/10K Virtual Championships are underway. Currently 81 swimmers registered. It has been promoted in several emails to all members and past participants. Please see the Applegate thread for a few other updates on 2025 OWNCs and 2023 OWNC packets.
4. Working group reports.
 - a. 2023 Rules/Legislation – Jim and Tim, Lorena, Steve, Bob B, John.
 - The rules have all been approved. Jim has produced the rule packet for the delegates. I will forward this to the National Office. *This will be sent July 31st. There are housekeeping rules and the new suit rule changes, which may inspire some discussion.
 - b. PARA – Jim and TBD; Patches & Awards – National Office; All-Americans (AA) - Men – Lorena, TBD; (AA) Women – Jenny, Tim; (AA) Relays – Phyllis, TBD; Records – Jill, Tim,

All-Stars – Lorena, TBD; Postal Series – TBD, Lorena; ePostal Series Recognition: Catherine, Jenny.

- Nothing to report.
- c. 2024 NC Recruitment/Selection – Jill, lead; Ali, Steve, Catherine & Jenny.
 - Jill will be putting together/sending out the approved NC list. Discussion regarding putting together the PowerPoint for the annual meeting.
- d. Goals – Catherine, lead; Lorena, Bob, Catherine, John.
 - Nothing to report.
- e. LDNC Award – Jill, lead; Lorena, Dave, Jenny, Ali.
 - The Current deadline is July 1. Start thinking if anyone you know should be nominated.
- f. 2023 Clinic Working Group – Ali, Catherine.
 - Discussion regarding clinic possibilities and possibility of associating clinics with the Relay 2023 meetings.
- g. Document Audit – TBD
 - Nothing to report.
- 5. New Business/Good of the Order
 - Congratulations to Sawtooth Masters in Boise on the opening of the new Boise pool.

2023 Long Distance National Championships:

- **Long Distance – Lake Mission Viejo, September 16-17, 2023**
 - Liaison: Phyllis Quinn.
 - Mission Viejo Open Water swim festival registration is open. There are currently 22 swimmers entered. They also have a merchandise store with lots of great items.
- **Sprint Distance – Lake Mission Viejo, September 16-17, 2023**
 - Liaison: Phyllis Quinn.
 - Mission Viejo Open Water swim festival registration is open. There are currently 22 swimmers entered. They also have a merchandise store with lots of great items.
- **Cable Swim – Chris Greene Lake, June 3, 2023**
 - Liaison: Catherine Rust and Stephen Rouch.
 - This was a fast swim with 6 records broken. Congratulations to all the finishers!
- **Middle Distance – Lake Oahe, August 12, 2023**
 - Liaison: Catherine Rust.
 - Nothing to report.
- **Marathon – Applegate Lake, July 15, 2023**
 - Liaison: Jill Wright.
 - Nothing to report.
- **Ultra-Marathon – Willamette River, July 8, 2023**
 - Liaison: Ali Hall.
 - Nothing to report.