

<b>Committee Name:</b>	Long Distance	<b>Session #:</b>	1	<b>Report #:</b>	1
<b>Committee Chair:</b>	Phyllis Quinn	<b>Vice Chair:</b>		Catherine Rust	
<b>Minutes recorded by:</b>	Lorena Sims	<b>Date/time of meeting:</b>	04/23/23 at 8pm ET		

### Actions Requiring Approval by the HOD:

1. 303.3.3 – Housekeeping to correct spelling. Motion carried without opposition.
2. 305.2.4 – Addition of the National Office to control virtual events. Motion carried without opposition.
3. 307.2.2/307.2.3 – Addition of the National Office to control virtual events. Motion carried without opposition.

### Motions Passed:

1. Motion to approve minutes from March.

<b>Number of committee members present:</b> 11	<b>Absent:</b> 3	<b>Number of other delegates present:</b> 1
<b>Committee members present:</b> Phyllis Quinn, Jill Wright, Lorena Sims, Jim Davidson, Catherine Rust, Tim Murphy, Nicki Phillips, Stephen Rouch, Anna Jordan, Jenny Hodges, David Minor.		
<b>Absent:</b> John Fox, Bob Bruce, Ali Hall.		
<b>Ex-Officio members present:</b> Robin Smith.		

### Topic: LDC Meeting – April 23, 2023

The meeting was called to order at 8:00pm ET:

1. Welcome and roll call
2. Approval of any outstanding meeting minutes – Motion to approve: Jim. Second: Catherine. Motion carried without opposition.
3. Reports from the chair (Phyllis), vice chair (Catherine), vice president (Robin), and NO representative (Jay).
  - **Phyllis** – I'm are working to finalize the OWNC packets. We waiting for the cable swim contract to be signed. Jay has posted some OWNC possibilities for 2025. We will continue to discuss what to do with the 2025 bids. Jim will continue the rules discussion. Jill is working on the award nomination letter to be sent to the LMSCs. Our very own VP Robin is running for reelection, so let's encourage our LMSC's annual meeting attendees to support her. Thanks everyone for the help getting things done.
  - **Catherine** – Please see Jay's list of possible open water destinations for "festival"-style competitions but submit your own as well – we are especially needing additional recommendations.
  - **Robin** – USMS BOD is putting together a communication plan and presentation for Zone Communication Sessions. Target is to schedule these with the Zone Chairs/LMSC Chairs sometime in May/June 2023. Topics to include Local Event Support and USMS Committee reorganizations.  
CONGRATULATIONS to LDC Member John Fox! John was invited by World Aquatics to officiate at the 2023 World Aquatics Masters Championships in Kyushu Japan for the Open Water Swimming Events. There are only two other officials from North

America who have been invited to work at these World Aquatics Masters Championships.

- **Jay** – 2023 USMS 5K/10K Virtual Championships: entries are open! It'll be promoted in the event newsletter to all members on Tuesday, along with a series of other emails scheduled to past participants, etc.

Here is a preliminary list of potential OWNC locations for 2025:

- Sarasota, FL Benderson Park (where USA Swimming Open Water Nationals is this weekend)
- Siesta Key (has been ranked #1 beach in the US... previously hosted Tropical Splash sanctioned race)
- St. Petersburg, FL has quite a few options:
- Downtown swims in Tampa Bay could be similar to the current Swim Across America and St. Anthony's Triathlon courses right by North Shore Pool (home of St. Pete Masters). There's a non-sanctioned race that had a course around the new pier nearby which could be an option too
- St. Pete Beach where the now defunct Hurricane Man swim was held for many years
- Ft. DeSoto Park where many triathlons and other events are held including a 10K race David Miner organized a few years ago
- Other Pinellas County beaches such as Clearwater could be great options too
- Ft. Lauderdale, FL
- Las Olas Beach right by newly renovated Hall of Fame pool, tons of hotels, etc.
- Miami, FL
- Miami Marine Stadium where a non-sanctioned race has been held for years... or the beach
- I'm very familiar with all of these options in Florida, and there plenty of other possibilities throughout the state as well. I also plan to scope out a few of the locations that have been recommended in SoCal including Long Beach (potential 2028 Olympic OW location... or Naples Island), Newport Beach, Lake Mission Viejo and further such as Oceanside, La Jolla, Mission Bay, etc.

#### 4. Working group reports.

##### a. 2023 Rules/Legislation – Jim and Tim, Lorena, Steve, Bob B, John.

- 303.3.3 – Housekeeping to correct spelling. Motion: Jill. Second: Jenny. Discussion: None. Motion carried without opposition.
- 305.2.4 – Addition of the National Office to control virtual events. Motion: Jill. Second: Jenny. Discussion: None. Motion carried without opposition.
- 307.2.2/307.2.3 – Addition of the National Office to control virtual events. Motion: Jill. Second: Jenny. Discussion: This is to codify the ongoing National Office control of virtual events after successful test run. Motion carried without opposition.
- Research is needed considering possible rule amendments needed regarding technology in championship events versus competitive versus non-competitive events.
- Swimwear rules and discussion will be undertaken during the May meeting, if needed.

##### b. PARA – Jim and TBD; Patches & Awards – National Office; All-Americans (AA) - Men – Lorena, TBD; (AA) Women –Jenny, Tim; (AA) Relays – Phyllis, TBD; Records – Jill, Tim, All-Stars – Lorena, TBD; Postal Series – TBD, Lorena; ePostal Series Recognition: Catherine, Jenny.

- Discussion regarding postal series award returning to requiring 5 events. As long course access has improved in areas that had pre-COVID long course access, we will require all 5 events this year. Reminder to update USMS website accordingly.

- c. 2024 NC Recruitment/Selection – Jill, lead; Ali, Steve, Catherine & Jenny.
  - We have received a 5k submission for Square Lake, MN at this time – it would be a 2-loop course. Motion to accept bid: Jill. Second: Jenny. Discussion: Further details regarding course and event. Motion carried, Nicki abstained as it is her event.
  - Jay has listed possible locations for the 2025 USMS OWNC. If you are aware of other venues which may be similar to those listed, contact Jay.
  - 2024 OWNCs would look like:
    - 6/1/24 Lake Berryessa, CA 2 mile
    - 6/29/24 Foster Lake, OR 2 mile cable
    - 7/20/24 Square Lake, MN 5K - We need to vote to approve this bid
    - 9/27-29/24 Beaver Lake Dam Site, AR 1 mile
- d. Goals – Catherine, lead; Lorena, Bob, Catherine, John.
  - Nothing to report.
- e. LDNC Award – Jill, lead; Lorena, Dave, Jenny, Ali.
  - I have requested an updated LMSC chairs email list from the NO. Award information is on the usms website:
    - LD: <https://www.usms.org/volunteer-central/awards/long-distance-national-championship-award>
    - OW: <https://www.usms.org/volunteer-central/awards/open-water-service-award>
  - Email message has been composed for the LDNC and Open Water Service Awards. Message will be sent to NO for distribution.
  - Please consider nominating Open Water and LDNC award winners.
- f. 2023 Clinic Working Group – Ali, Catherine.
  - We have begun discussing an in-person clinic this year. Best venue would be Mission Viejo, so we are looking in to see if it's viable there. Otherwise, may table the clinic for this year. Other suggestion to possibly host coaches or event directors clinic at Relay in October.
  - Discussion regarding moving the video clinics to a more obvious spot on the USMS website.
- g. Document Audit – TBD
  - Working on timeline audit at present.
  - Will be working on Guide to Operations shortly.
- h. All Star Criteria – Catherine, John, Jill.
  - Nothing to report.
- 5. New Business/Good of the Order
  - If you are going to the Spring Nationals, be sure to look each other up!

### **2023 Long Distance National Championships:**

- **Long Distance – Lake Mission Viejo, September 16-17, 2023**
  - Liaison: Phyllis Quinn.
  - Event information and safety plans are being finalized. Goal is to sanction with both USMS and USA Swimming in May and hopefully open registration on June 1st.
- **Sprint Distance – Lake Mission Viejo, September 16-17, 2023**
  - Liaison: Phyllis Quinn.
  - Event information and safety plans are being finalized. Goal is to sanction with both USMS and USA Swimming in May and hopefully open registration on June 1st.

- **Cable Swim – Chris Greene Lake, June 3, 2023**
  - Liaison: Catherine Rust and Stephen Rouch.
  - We are waiting for the contract to be signed.
  
- **Middle Distance – Lake Oahe, August 12, 2023**
  - Liaison: Catherine Rust.
  - Currently 26 swimmers are registered for the event. Host has completed all necessary tasks to date.
  
- **Marathon – Applegate Lake, July 15, 2023**
  - Liaison: Jill Wright.
  - There are 35 entries. Host has completed all tasks.
  
- **Ultra-Marathon – Willamette River, July 8, 2023**
  - Liaison: Ali Hall.
  - Nothing to report.