

June 27, 2023, Fitness Education Committee Meeting Minutes

Meeting called to order at 8:07 pm (EST)

Committee members present:

Ann Marshfield, Chair; Emily Cook, Mary Jurey, Jim Miller, Emily Cook, Andy Seibt, Lisa Watson, Ken Winterberger

Ex-Officio: VP of Community Services: Chris Campbell

Members absent: Anita Cole, Onshalee Promchitmart, Christopher Rieder

Meeting minutes of May 16, 2023 – unanimously approved as submitted.

1. Status of legislative proposal to disband Fitness Education Committee: the deadline has approached, and no communication has been received. The Committee members were polled and there is no objection to moving forward with the recommended disbanding of the Fitness Education Committee. Given that, the proposal stands to be considered by the HOD at the annual meeting September 2023.
2. Final call for nominees for Fitness Education Award: At this time no nominations have been received. Committee members provided feedback that they had disseminated the infographic and pushed for nominations. The committee agreed to give it one last push and extend the deadline.
3. Summer Fitness Series - participation - and Incentive proposal status: As of the meeting there were 146 registered members not including the bundled members (162).
 1. Anita Cole emailed the committee of Southern Pacific LMSC efforts to make a big LMSC event out of the Fall Fitness Series Challenge – 1-Mile swim. But patches may be awarded to swimmers based on progress. It is still in the planning stages. This is an excellent example of taking an event to the local level.
4. Fitness Award bios – communication from Recognition and Awards has requested additional information and clarification of past Fitness Award recipients. At this time the Chair will attempt to fulfill their request.

Meeting adjourned 8:37 pm EDT