

FGC LMSC Annual Meeting

Saturday December 3, 2022 – Coral Springs, FL

Attendance:

Barb Protzman – Chair/Membership Coordinator/ Newsletter
Linda Bostic – Vice Chair
Catherine Rust – Secretary/Open Water
Dale LeClair – Treasurer/Webmaster
Sarah Bennett – Awards/Banquet Chair
Eddie Ames – PAQ
Marty Hendrick – SFTL
Julie Dussliere – SFTL
John Dussliere – SFTL
Nicholas Schwab – UN50
Thomas Murphy – WSC
Kristof Kertesz – SFTL
Michael Hicks – SFTL
Martin Torres – SFTL
Josiah Morales – PAQ
Bruno Darzi - CSMS

Roll Call – Attendance taken by Catherine Rust

2. Minutes from last meeting (September 11, 2022) Minutes were sent out with the meeting agenda. Linda Bostic made motion to approve the minutes, second Marty Hendrick. Minutes approved unanimous.

3. Officers/ Committee Reports

Chair – Barb Protzman called the meeting to order at 2:15 PM. Announced Linda Bostic awarded USMS Coach of the Year. Discussed USMS Annual Meeting.

Vice Chair – Linda Bostic – Commented on increase for yearly USMS fees are now \$65.00 and will increase to \$70.00 on 01/01/2023. USMS Spring Nationals for 2024 will be held in Indianapolis the same week as the 2024 Olympic Trials.

Secretary – Catherine Rust – No Report

Treasurer – Dale LeClair – Current balance of the LMSC account is \$33,684.10. Dale will recheck LMSC cost for the Coaches Clinic. Three coaches from the LMSC attended. Each coach received \$900.00 (maximum allowed).

Open Water/Long Distance – Listings of Open Water National events and local swims for 2023 will be posted on the LMSC website. If the events are not sanctioned by USMS it is noted.

Membership – Barb Protzman – Final USMS registered swimmers for 2022 is 1510. Up 17 swimmers from 2021. To date, LMSC has 327 renewals for 2023. Club incentive checks will be sent out.

Safety – Open Position

Top 10 – No Report

Sanctions Chair – No Report

Webmaster – No Report

Officials Chair – Open Position

Banquet – Sarah Bennett – No decisions made on date or venue for the 2023 banquet. Suggestions for venues are Coral Ridge Yacht Club, Corporate Pavilions, Tropical Acres. Prefer to have a lunch or brunch sometime June 2023. Discussion on whether event should be indoors or outdoors. Award has been determined.

Coaches – No Report

4. Old Business

LMSC Initiatives:

Martin Torres suggested greater exposure of USMS swimming through social media, information at swim meets, banners. Discussion on ways to increase USMS exposure. There is an LMSC Facebook page, but we need to expand to other social media and find someone to be responsible for keeping our accounts active.

Links from the USMS Coaches Clinic should be sent to all LMSC coaches.

Discussion on coaches mentor program

5. New Business

Presentation by Eddie Ames on the importance and need for the ALTS program. Positive efforts by the LMSC have been made with training instructors. Need to determine ways to measure the results of scholarships given by the LMSC for ALTS instructors.

Proposal from Marty Hendrick: Whenever the LMSC gives a scholarship for an official aquatic certification the recipient is to give back either to the community, USMS or the LMSC. Determination of requirement to be determined.

Kristof Kertesz seconded. Motion passed.

Linda Bostic will contact Bill Brenner to hold an ALTS Clinic and Coaches Certification in the LMSC, hopefully in the first quarter of 2023. Cost for the LMSC will be pool rental.

USMS grants for ALTS need to be received by December 15, 2022.

Nicholas Schwab gave a presentation on his work with Ultra Short Race Pace Training. He has done extensive work on this type of training and is available for clinics and private sessions.

Planned local meets in 2023 include Fort Lauderdale on Feb. 18-19, PBM on March 31-April 2. YMCA Nationals is expected to be in Fort Lauderdale on April 20-23 but has not yet been formally announced by the Y. USMS Spring Nationals are April 27-30 in Irvine, CA.

Chairperson appointed Thomas Murphy as Safety Chair and Marty Hendricks as Fitness Chair.

6. Adjournment

Motion for meeting to be adjourned. Motion passed. Meeting adjourned at 3:55pm.