

Connecticut LMSC Annual Meeting

Sunday August 27,2023: Virtual Meeting Option held Via Zoom

CT-LMSC Board Members Present at Meeting: Rob Duguay, Eric Gordon, Sarah King, Barb Baker, Tommy St. Vincent, Ally Segal, Ben Wyckoff, Paul Epstein, George Hebner, and Janit Romayko.

CT-LMSC Members Present at Meeting: Sarah Perkins, David Laudone, and Susan Parke.

CT-LMSC Board Members Absent at Meeting: Pam Henry Moss, Jeff Sargent, Melissa Duguay, Bill Geoghegan, and Tait Michael.

The CT-LMSC Annual Meeting held on August 27th was recorded. The Passcode for the meeting is *4k9bQEx

The Zoom Meeting transcript can be found here: [https://us02web.zoom.us/rec/share/ M1S8-t5Clqm5mWac70KdnsxCuQnLUmTGUirpMDz7e6UDOISW-9jQ9x3rMouyOfi.vJKZblyZuKynhBtA](https://us02web.zoom.us/rec/share/M1S8-t5Clqm5mWac70KdnsxCuQnLUmTGUirpMDz7e6UDOISW-9jQ9x3rMouyOfi.vJKZblyZuKynhBtA)

Saturday September 2,2023: In-Person CT-LMSC Meeting held at Lake Quassapaug.

CT-LMSC Board Members Present at Meeting: Rob Duguay, Eric Gordon, Sarah King, Ally Segal, Ben Wyckoff, George Hebner, and Janit Romayko.

CT-LMSC Members Present at Meeting: Rick Shanley, Veronica Suleski, Gloria Seanson, Ann Onton, Jeff Stuart, and Mivostaw (Chris) Gabuys.

CT-LMSC Board Members Absent at Meeting: Barb Baker, Tommy St. Vincent, Paul Epstein, Pam Henry Moss, Jeff Sargent, Melissa Duguay, Bill Geoghegan, and Tait Michael.

**CT-LMSC Annual Meeting called to Order by Chair Rob Duguay: Saturday August 27th at 5:05p.m.
Saturday September 2nd at 2:25p.m.**

CT-LMSC Annual Meeting Agenda:

I. State of the LMSC

- ✚ As of August 27,2023, the CT-LMSC Bank Balance is \$57,929.96.
- ✚ In the 2022-2023 season CT-LMSC consisted of five clubs and seven workout groups. There are currently 439 members of the CT-LMSC. In thinking about membership levels in the 2022-2023 season versus the 2021-2022 season CT-LMSC had a decrease of 76 members. Unfortunately, during the 2022-2023 season the Waterbury YMCA masters swim club was discontinued, and a CT-LMSC club became a workout group.
- ✚ During the 2022-2023 season CT-LMSC held four sanctioned masters swim meets.
 - a. Westport, Connecticut. The Westport YMCA held the annual Groundhog Masters Swim Meet in February of 2023. Thank you to Jeff Sargent for organizing this annual short course yards masters swim meet.
 - b. Orange, Connecticut. The Orange Town Pool, a new location for hosting masters swim meets, held a masters swim meet in April of 2023. Thank you to Ally Segal and Rob Duguay for hosting and organizing this short course yards masters swim meet.
 - c. Middletown, Connecticut. Connecticut Masters Games was held in May of 2023. Thank you to Ally Segal and Connecticut Sports Management for hosting this short course yards masters swim meet.
 - d. Brookfield Connecticut. The Brookfield YMCA held a masters swim meet in July of 2023. Thank you to Jeff Sargent for organizing this long course meters masters swim meet

II. LMSC Elections

- ✚ The CT-LMSC will be holding elections for the Chairperson, Secretary, Treasurer, and Membership Coordinator in the Fall of 2023. Rob Duguay, current chairperson, and Barb Baker, current Treasurer will both be running for re-election. Pam Henry Moss, current Membership Coordinator and Sarah King, current Secretary, will not be running for re-election.

- ✦ The CT-LMSC encourages its membership to nominate candidates for the CT-LMSC upcoming elections. Those seeking to run for a board member position need to fill out the CT-LMSC nomination form and send the form back to Rob Duguay before September 30th, 2023. Once nomination forms have been received and a list of potential nominations for each position has been created; an electronic voting form link will be sent out to vote for the candidates nominated for office. After elections take place, the newly elected board members will begin serving in their board member positions. Elected officers would begin their terms of service in the first week of October 2023.

III. Upcoming U.S. Masters Swimming Events

- ✦ The 2023 U.S. Masters Swimming Annual Convention will be held in Houston, Texas, September 8th and 9th. The CT-LMSC delegates, all attending virtually, are Ally Sega, Ben Wyckoff, and Rob Duguay.
- ✦ U.S. Masters Swimming will be offering Level 2 and Level 3 Coaches Certification on October 14th, 2023 in Boston, Massachusetts. CT-LMSC will provide financial reimbursement for those who wish to continue their ongoing coaches certification and attend these U.S. Masters Swimming Coaches Certification classes.
- ✦ U.S. Masters Swimming Volunteer Relay will be held on October 20-22, 2023. CT-LMSC would like to send three people to U.S. Masters Swimming Volunteer Relay. Please reach out to Rob Duguay if you are interested in attending the 2023 U.S. Masters Swimming Volunteer Relay. There is an in-person as well as a virtual option for the U.S. Masters Swimming Volunteer Relay. This year's U.S. Masters Swimming Volunteer Relay will focus on Event Planning and Meet Management. Those individuals involved in running a current masters swim meet in Connecticut and/or those looking to host a masters swim meet are encouraged to participate as CT-LMSC delegates to U.S. Masters Swimming Volunteer Relay.
- ✦ New England LMSC will be holding the Short Course Meter Championships December 15th-17th. While December 16th and 17th are the current confirmed dates, the Colonies Zone and New England LMSC could consider adding December 15th as another date of competition. CT-LMSC is advertising this event as December 15th-17th so that the CT-LMSC can save those dates to attend these upcoming masters swim meet.

IV. Results of Championship Events attended by CT-LMSC

- ✦ Connecticut Masters won the 2022 New England LMSC Short Course Meter Championships.
- ✦ Connecticut Masters placed third at the 2023 New England LMSC Short Course Yards Championships. South County Masters (Rhode Island) finished first and Granite State Masters (New Hampshire) placed second. Connecticut Masters had a strong showing and placed third behind these two teams.
- ✦ Westport YMCA won the 2023 YMCA National Championship event held in April of 2023.
- ✦ Ann Onton represented Connecticut Masters at the 2023 World Masters Swimming Championships in Japan in August.
- ✦ Eight Connecticut Masters swimmers represented CT-LMSC at the 2023 U.S Masters Swimming Spring National Championship. Seven Connecticut Masters Swimmers and one UC05 Masters Swimmer represented CT-LMSC at the 2023 U.S. Masters Swimming Summer National Championship.
- ✦ Congratulations to all CT-LMSC members who participated in U.S. Masters swimming meets, virtual events, and open water events this year!!

V. CT-LMSC Upcoming Events and Updates

- ✦ CT-LMSC is in the process of working with Trinity College, Westminster, The Orange Town Pool, Hotchkiss in Salisbury, Simsbury, Wilton YMCA, and in conjunction with the Connecticut Masters Games to plan competitive events for the CT-LMSC during the upcoming 2023-2024 season. To host

these potential competitive events the pool at Westminster would need to be measured and discussions would need to be had on the dates, times, and sanctioning process for these potential events. In the discussion held on CT-LMSC upcoming events, it was also discussed the planning of these potential meets to be on dates that would best serve the membership as a whole and keep other regional meets or national meets in mind when planning these upcoming events.

- ✚ Cheshire is looking to restart its masters workout group. There are two lifeguards interested in potentially coaching a masters program at Cheshire Town Pool.
- ✚ Middletown Recreation Center is looking for a masters swim coach. Middletown Recreation Center could potentially accommodate morning masters practices.
- ✚ Cornerstone is looking to find another masters swim coach to work with its existing programming per the requests of the members that swim at Cornerstone.
- ✚ WHAT is looking to bring back consistent masters swim programming. Currently WHAT is experiencing a lifeguard staff shortage and has been unable to provide consistent programming to its workout group members.
- ✚ During the CT-LMSC meeting held on September 2nd, Ben Wyckoff mentioned that he would like to see social events planned for CT-LMSC members as the use of CT-LMSC funds to plan social events would benefit all those within the CT-LMSC.

VI. CT-LMSC Open Forum Discussion Topics

- a. **CT-LMSC Annual Budget.** A discussion was had on the CT-LMSC Annual Budget in relation to the amount of money being spent versus the revenue being taken in. It was also discussed that the CT-LMSC board would be approving the CT-LMSC budget for 2023 and 2024 at the upcoming CT-LMSC Board meeting held at the end of September. During the CT-LMSC Annual Budget it was discussed that attending the USMS Annual Meeting and USMS Volunteer Relay virtually helps keep CT-LMSC costs down and saves money for CT-LMSC programming.
- b. **CT-LMSC Decrease in Membership.** It was discussed that while there was concern for a decrease in membership that this is a normal ebb and flow within the CT-LMSC. It is not only CT-LMSC losing membership, many other LMSCs are also experiencing a loss in membership. George Hebner suggested that CT-LMSC survey the members that have left the LMSC to see if the CT-LMSC can gain an understanding of why members have left. Is it a loss of programming, is it other life occurrences, is it for other reasons outside of USMS? A survey might help answer if the members have left for the same reason, and if so, how the CT-LMSC can better serve its membership.
- c. **CT-LMSC Volunteer Awards:** The CT-LMSC Board Members discussed the awarding of various lifetime and other volunteer achievement awards to its membership. It was discussed that a committee should be set up to establish criteria for awards so that CT-LMSC members could be nominated for those awards. The awards committee would then review nominations and present awards to the members receiving the awards. Ally Segal requested to be on the CT-LMSC Awards Subcommittee, and those on this conference call discussed that there should be a subsequent discussion on how many people serve on the awards subcommittee; and does the CT-LMSC board ultimately have to approve the awards subcommittee members and those whom they have decided to award based on the nominations they have received. Rob Duguay suggested that the CT-LMSC awards subcommittee consist of the following board members: Diversity and Inclusion Chairperson, one elected Officer (specifically Secretary or Membership Coordinator), Coaches Chairperson, and Officials Chairperson. In thinking about the CT-LMSC board members who would serve on the awards subcommittee, it would be in the best interest of the LMSC if those board members served different geographic regions within Connecticut.
- d. CT-LMSC Board Meeting held at the end of September discussion topics are as follows:
 - ✚ Approve the 2023 and 2024 CT-LMSC Budgets.

- ✦ Discuss the costs associated with the 2023 USMS Annual Meeting and Volunteer Relay for those attending those events.
- ✦ Discuss the amendment of the CT-LMSC bylaws to be able to hold the CT-LMSC Annual Meeting after August 31st. The preference would be to hold the CT-LMSC Annual Meeting after the Quassapaug Swim Festival held on Labor Day Weekend.
- ✦ Discuss holding the CT-LMSC Annual Meeting as an in-person event. Discuss having monthly CT-LMSC board meetings on a consistent basis. The preference being monthly CT-LMSC board meetings via Zoom.
- ✦ Discussion in relation to the CT-LMSC Bank Account, in particular the creation of a separate savings account and an account to process Club Assistant online registration payments for CT-LMSC masters swim meets. At the present time the CT- LMSC Bank Account does not have a KYC. This means that the CT-LMSC is not currently recognized by the state of Connecticut. Barb Baker mentioned that the CT-LMSC should reach out to U.S. Masters Swimming to start the process to be able to be recognized by the state and fulfill the KYC requirements.
- ✦ Discussion on setting up a CT-LMSC Club Assistant Account for future CT-LMSC sanctioned masters swim meets.
- ✦ Ongoing discussion in relation to hosting the 2024 Connecticut Masters LCM Championship meet at Wesleyan University next summer.

CT-LMSC Annual Meeting Concluded:

Sunday August 27,2023 at 5:46p.m. Motion to Adjourn: Ben Wyckoff. Seconded by: Eric Gordon.

Saturday September 2,2023 at 2:36p.m. Motion to Adjourn: Rob Duguay. Seconded by: Eric Gordon.