

2022 U.S. Masters Swimming Annual Meeting — Hybrid

Committee Name:	Coaches Committee	Session:	
Committee Chair:	Kenny Brisbin	Vice Chair:	Chris McPherson
Minutes recorded by:	Molly Hoover	Date/time of meeting:	August 15, 2022 5:00pm PST

Actions Requiring Approval by the HOD:

1.

Motions Passed:

1.

Number of committee members present: 17	Absent: 0	Number of other delegates present: 20
Committee members present (list all, including chair and vice chair): Ken Brisbin (Chair), Chris McPherson (Vice Chair), Scott Bay, Bill Brenner, Chris Campbell (VP), Donita Flecker, Steve Hall, Michael Hamm, Terry Heggy, Molly Hoover, Laurie Hug, Susan Ingraham, Wilson Josephson, Carol Nip, Elise Shank, Trey Taylor, Tim Waud		
Others present: Nadine Day, Barb Sloan, Jim Miller, Lina Bot, Mel Goldstein, Michael Biondo, Ray Novitske, Sandi Rousseau, Sarah King, Virgil Chancy, Ann Marshfield, Ann Vitt, Bob Bruce, Carrie Stolar, Celia Wolff, Cheryl Kupan, Diana Dolan LaMar, Douglas Sayles, Eric Hektner, Frank Thompson,		

Minutes

The meeting was called to order at .5:05pm Pacific Standard Time

1. Attendance
2. Welcome
3. Committee Reports
 - a. Web Workouts - Molly Hoover – We hire and oversee the Online Coaches component of USMS. We are currently in the middle of the first year with the current coaches. They have all been invited to continue on to year 2, with a plan to add 2 more sections of workouts in the near future: long course and short course meters. We are also working to add a comment section for members to communicate with the coaches as they were able to do in the forums. A huge thank you to our current coaches: Robert Duguay, Larissa Herold, Andy Seibt, Ann Kehn, Tiffany Forbes, Mary Colby, Ally Sega.
 - b. Worlds Coaching - Tim Waud –Our job is to seek out coaches for international coaching assignments. An application is put together and the committee then conducts interviews and selects coaches for the meet. Lina Bott was selected for the 2022 PanAm games which was held this summer. A survey is sent out to the participants and reimbursements are sent to the coach as a follow up. All responses have been very positive for this year’s event.
 - c. NCC - Trey Taylor – NCC is back after 4 years hiatus in Las Vegas. UNLV Natatorium will be the host for the in-water part of the clinic. We are working on a format for a coaches education round table. Speakers are Dr. G, Cyndi Gallagher, Rowdy Gaines and Dean Hutchinson.

We hope LMSC’s are able to help with expenses for coaches who wish to attend. A letter went out today to encourage LMSC’s and Coaches to work together to send representatives to this clinic.

- d. Awards - Elise Shank – The Coaches Committee submits the Kerry O’Brien and Coach of the Year awards. We are currently going through applications for Coach of the Year and ranking them. There were many applications for Kerry O’Brien and those have been chosen and Kerry is doing his follow up work with that. Donita, Carol and Laurie are the subcommittee.
- e. Education - Bill Brenner/Chris McPherson – 225 coaches have gone through Level 1 online in 2022 so far. 65 have certified Level 2 with a few more classes coming up. 19 have completed level 3. 35 coaches have gone through clinic course for coaches. We are getting things moving again following Covid, and it’s great to see that coaches are looking for the information and LMSC’s are supporting coaches going through these courses. The 2023 schedule is being developed.
 - i. Task force – Trey, Elise, Tim, Kenny, and Chris – worked on the Level 1 Online portion
 - ii. Question regarding how many level 1 coaches reregister as a member for USMS for the next year, and add the certified coach membership. Will be followed up.
 - iii. Question regarding if level 1 will ever be back in person. Not currently scheduled to be back in person. Nice to have the option to start a course without waiting on location and timing. We are getting a good response, as well as on the online zoom follow-up component.
 - iv. Question if we have the ALTS certified instructors numbers from this year. Will be given later.
- f. Level 4 Applications - Trey Taylor – There was 1 application turned in this year. The sub-committee is working on rounding up extra documentation on that. The candidate is working with the sub-committee to finalize all materials before the annual meeting. They are still waiting on a few things to wrap that up.
- g. LMSC Communication - Molly Hoover – The minutes and any noteworthy points from the committee are sent to each LMSC Coaches Chair every month. This year the coaches chairs are better able to communicate with the coaches in their LMSC because the membership coordinator can build an email list of coaches based on the registration information all members submit. We hope that the coaches chair is passing along the info from the committee to their coaches.
 - i. A good idea for peer to peer call might be for lmsc development to talk about how to use the membership coordinator to make that list of coaches.
- h. Mentoring - Chris McPherson – Kenny, Susan, Carol, Elise, Bill, and Chris have been on this sub-committee. They begin the year by discussing the results from last year’s program via evaluations filled out by the mentors and mentees, as well as considering suggestions from subcommittee members. Updates/edits are then applied as decided for the upcoming year’s program. The timeline was changed for this year, as mentor and mentee applications were closed at different times for a greater focus on each type. 7 mentor candidates have been selected, and the mentor training will take place on August 23rd via Zoom. There is still a short time to apply for being a mentee coach! After Mentor training, the sub-committee will select mentees and carefully match them up with the mentors who will be the best fit. Match-ups will be completed from October through November.
- i. On Deck Coaching - Michael Hamm – We put together a Sign-Up Genius and sent it to coaches for being on deck at the National meets. It always ends up working out, even with last minute changes. It is a great job, and we enjoy helping as the swimmers are warming up. We do suggest trying to get your swimmers on a backstroke wedge prior to Nationals if possible, but we are always happy to help!
 - i. Ann Marshfield – She was a coach on deck for the last 2 nationals and was excited to have swimmers come back and say Thank You (in particular, for the back wedge!). It is very rewarding!

- j. Publications - Terry Heggy – A lot of swimmers swim on their own or don't listen to coaches, so we offer publications full of great information for them and all members of USMS. Many members of this call have contributed ideas and articles for these publications. Terry is happy to work with anyone wanting to get ideas across or topics you would like to see researched. In the meantime, keep reading those articles! If you see something you have a differing opinion on, bring that to Terry as well.
 - i. Kenny - Terry does a great job bringing ideas to paper, so if you aren't sure if you can write an article, bring the idea or a paragraph to Terry and he will help develop it from there.
 - ii. Carol – Articles are no longer included in the personal profile of members if they have contributed. Do we know why?
 - 1. The author is still credited with the article, it just doesn't appear there anymore. Not sure why.
 - k. Peer to Peer Calls - Trey Taylor – We've backed off a little bit from last year after we saw attendance wane as time went on. This year we are trying to focus on making sure anything we did was new or different information. We have done 3 so far: Starting a Team, Relay Reflections, and Learning about Try Masters Swimming. A couple more are coming up this year following Convention and NCC.
 - l. Sport Medicine - Terry Heggy – His job as the liaison to that committee is to communicate with the Sports Med committee to make sure ideas are being passed back and forth. There is an item on the floor for the HOD regarding sunseting that committee and making it more of a task force. It is important to understand that the committee is not really going away, those people are still there and we will have that relationship.
 - m. Diversity - Wilson Josephson – The liaison to the Diversity and Inclusion Committee communicates between the two committees and helps make sure we aren't duplicating work and keeping information shared. There is legislation coming around inclusivity as well as a new D&I award. Moving forward – continue to advocate for transgendered athletes in USMS and partnering with Diversity in Aquatics organization.
 - i. Question regarding discussion on transgender athletes – The goal of USMS is to make masters as inclusive as possible. Most of us aren't worried about our times being recognized by FINA. At the same time, there are high level athletes who this may affect. A transgender task force has been established.
 - ii. The legislation on gender expression can be viewed online.
 - n. Coaches Community Forums - Susan Ingraham – On the forums, there has been an update to the coaches section and many topics are being thrown onto the site for discussion. Susan is working with the national office to make the site more convenient and would like to see more coaches contribute.
 - i. Coaches can go into My USMS and sign up for notifications when something is posted.
 - o. ALTS - Michael Hamm – The ALTS committee has put together a lot of peer to peer calls about how to get people interested, start a program, and find space. A lot of people have been contributing to this and a lot of people are interested. We have had 3 classes and 2 more scheduled this year. 47 instructors have been certified this year. Charlotte is sold out, and another is scheduled in Oregon this year with space left.
- 4. Old Business - Try Masters – statistics to share: 2019 – 13% of interested swimmers signed up for a USMS membership, and in 2021, 14% signed up. 2022 data is still being collected.
 - 5. New Business –

- a. Communication to Coaches Chairs and Coaches – Next year we plan to have some phone calls by zones or LMSC’s with coaches and coaches chairs.
- b. US Paralympics swimming is having a clinic on Aug 28th about coaching paralympic swimmers. Molly will send out a flyer with an overview of the program and more info on this event. The program is designed to help coaches be more effective helping their aging, injured, and disabled swimmers, as well as to become better coaches overall.
 - i. Information and registration here:
<https://www.signupgenius.com/go/60b0948aba929a2fa7-anintroduction2>
 - ii. They are working on a USMS track and so we are a great partnership with them. As we age, we will come in contact with more and more ailments. This is good knowledge to have!
 - 1. The majority of para swimmers are over 18 and looking for a place to swim.
- c. Questions:
 - i. Ray N. – On the Awards pages on the USMS website there is a spot where award recipients are listed with bios and pictures. He would like us to form a committee or task force to write 1-2 paragraphs for each recipient of all Coaches awards ever handed out. These bios would highlight their accomplishments and the reasons the person was recognized. Using the nomination forms would be a good way to do this. Give specific facts, not just fluff. We can contact the Awards committee if we need help.

The meeting was adjourned at 6:18pm Pacific Standard Time
