

Committee Name:	Coaches Committee	Session#:	Report #:
Committee Chair:	Ken Brisbin	Vice Chair:	Chris McPherson
Minutes recorded by:	Molly Hoover	Date/time of meeting:	March 14, 2022 5p PST

Roll Call

Number of committee members present: 12	Absent: 5	# of other delegates present: 3
Committee members present (list all, including chair and vice chair): Ken Brisbin (Chair), Scott Bay, Chris Campbell (VP), Donita Flecker, Steve Hall, Terry Heggy, Michael Hamm, Molly Hoover, Laurie Hug, Susan Ingraham, Wilson Josephson, Trey Taylor,		
Not present: Chris McPherson (Vice-Chair), Bill Brenner, Carol Nip, Elise Shank, Tim Waud		
Others present: Aaron Schneider, Daniel Paulling, Nadine Day		

Minutes

The meeting was called to order at 5:02 p.m. Pacific Standard Time

1. Welcome!

- a. Daniel Paulling - The National Office would love to get input from the Coaches Committee for best practices to be shared in the Community Forums on the web site (message board). The plan is to start a thread and then coaches can contribute. A possible starting place is the "How to do 10x100's" idea from the relay.

2. Committee Reports -

- a. Web Workouts (Molly): Still trying to make sure all 7 coaches are posting weekly. Feedback from the relay is that at least 1 coach would like more feedback on her workouts from users. This used to be easy to do but the new set up doesn't allow for it at this time. Molly will work with her subcommittee to review posted workouts and provide feedback to the coaches. There was also one user who loves the workouts and would like to be able to ask questions/provide feedback as well.
- b. Worlds Coaching (Tim): Pan Am Coaches application has been submitted to Streamlines for Coaches and posted on USMS Discussion Forums under Coaching Opportunities.
- c. NCC - (Trey) - NCC has been narrowed down to Southern CA or Vegas. Hopefully we will know by the end of March and registration can open mid-April. Soon a subcommittee will be formed and they will be going back through previous plans and asking if presenters are still interested. The fee has not been established as it depends on the venue. The Clinic will be held in October.
- d. Awards - (Elise) - Nominations are due by July 1.
- e. Education - (Bill/Chris M) - Two in-person weekends are in the books, a Level 2 in California and a Level 3 and ALTS in Chicago.
- f. Level 4 Applications: No updates
- g. Mentoring (Chris M): The Mentor Program subcommittee has met. They did a more thorough review of mentor and mentee evaluations. The subcommittee came up with

suggestions and changes for this year's program. The description on the website will be edited and the program will be better publicized to the USMS community. They also plan to start earlier. Applications will open directly after SC Nationals.

- h. On Deck Coaching - (Michael) - The list is still light. Please encourage coaches to sign up to be an on deck coach in San Antonio.
 - i. Open Water (Michael): The National Championships are lined up and a lot of opportunities are coming up to create open water events.
 - j. Publications (Terry): Bill sent a link to someone who attended level 1 who wanted to write articles. A great way to get coaches more involved is to ask them to share their ideas. Point someone in Terry's direction who may be interested, they do not have to be on the committee.
If anyone hears from the man who suggested meditation in swim practice at the Relay, please connect him with Terry.
 - k. Peer to Peer - (Trey) - On March 17, 4 panelists will talk about their time at Relay. There will be 10 minutes from each and time for q and a. Trey and Kenny will moderate.
Upcoming - They are working on the June topic, which will be on Bridge to Masters programs focusing on how to move ALTS graduates to masters programs.
A Possible idea for the future might be a compensation for coaches discussion since there were some follow up questions and discussion after the Relay.
 - l. Sports Medicine - (Terry): Their next meeting is Wednesday.
 - m. Diversity - (Wilson): There is a peer to peer at the end of the month geared towards LMSC diversity and inclusion coordinators, and anyone interested in making their space more welcoming.
 - n. ALTS - (Michael): A lot of programs are jumping in and spending grants, so things are really opening up. There are 2 upcoming ALTS certification classes: 1 in Phoenix, 1 in Chicago.
Peer to peer March 24th - 6 panelists: How your LMSC can take information, network it and get the most bang for their buck with ALTS.
3. **New Business -**
- a. Nadine Day - ASCA is asking for masters articles. Anyone can submit directly to ASCA or to Nadine. They do not have a specific focus they are looking for other than these are somewhat short (1 page) articles to be included in the monthly newsletter. Scott and Trey have contributed so far:
 - Specific drills for masters (Scott)
 - Ramping back up (Trey) - A 6 week plan to getting back in the water as it relates to hamburgers...
 - b. **Relay event** - Kenny appreciates all who contributed and put on the masters coaching seminar. Thank you! Thank you for your time and sharing information.
Michael - It was great just being able to move out and visit with others.
Susan - Very refreshing and thoughtfully done. LMSCs made efforts to send a variety of people to represent their area.

4. **Final Roll Call**

The meeting was adjourned at 5:42 Pacific Standard Time.