



U.S. Masters Swimming LMSC Development Committee

“LMSC Update”
Webinar 2022-05-26

Information Sharing & Community
for LMSC Volunteers



LMSC Update Facilitators

Tom Moore swims with Minnesota Masters Swimming in the Minnesota LMSC. Tom currently serves on the USMS Diversity & Inclusion committee as well as the USMS LMSC Development committee.

Linda Chapman swims with Puget Sound Masters in the Pacific Northwest LMSC. Linda currently serves on the USMS LMSC Development committee as well as serving as Chair of the Pacific Northwest LMSC.

Panelists



- **Phyllis Quinn** swims with The Olympic Club in San Francisco, CA. She is a certified coach and Adult-Learn-To-Swim instructor. She currently serves on the USMS Governance Committee, and is the Chair of the Long Distance Committee. Phyllis also currently serves as the Chair of the Pacific LMSC. She was awarded the Dorothy Donnelly Service Award in 2013.

Welcome Everyone!



- The webinar will begin in a few minutes; please stand by as everyone gets connected
- All attendees will be muted throughout the presentation and un-muted for the Q&A segment
- You can submit questions to the moderator via the Q&A 'Chat' window



LMSC Update Facilitators



Tom Moore
&
Linda Chapman



Panelist

Phyllis Quinn



LMSC Update



- Upcoming Webinars / Recordings of past Webinars
- New & Notable
 - Streamlines for Volunteers
 - Deadlines for LMSCs
- Information Share: Downstream & Upstream
 - Today's Downstream Topics:
 - “Volunteer Development”
 - Upstream: What are your questions / comments / concerns?
- Community: “Live” group chat (with cameras on!)

National Committee Meetings



You can join a national committee meeting as a guest with the approval of the committee chair
See the Volunteer Calendar (<https://www.usms.org/volunteer-central/volunteer-working-calendar>) for schedule)

Adult Learn To Swim (ALTS) Programming Committee

Championship Committee

Coaches Committee

Diversity and Inclusion Committee

Fitness Education Committee

History and Archives Committee

Legislation Committee

LMSC Development Committee

Long Distance Committee

Membership Committee

Officials Committee

Open Water Committee

Recognition and Awards Committee

Records and Tabulation Committee

Rules Committee

Sports Medicine and Science Committee

Webinars – Upcoming Calendar



<https://www.usms.org/volunteer-central/lmscs/peer-to-peer-calls>

May – *Asian Pacific American Heritage Month, Jewish American Heritage Month*

- Tue 5/31 BOD: **“Vision for the future of U.S. Masters Swimming”** [Register](#)

June – *Pride Month*

- Thur 6/2 **LSMC Communication Coordinator P2P** (Daniel Pauling) [Register](#)
- Thur 6/16 Coaches Community: **“Lap Swimming 101: building a bridge to Masters from ALTS”** (Karen Harris, Carol Nip, William Kolb) [Register](#)
- Sun 6/19 *Juneteenth*
- Thur 6/23 LSMC Update: **“Leadership Development”** (Peter Guadagni) [Register](#)
- Thur 6/30 **LSMC Fitness Event Coordinator P2P** [Register](#)

July – *Disability Pride Month, “Try Masters Swimming” Month*

- Thur 7/7 **LSMC Hall of Fame Coordinator P2P** [Register](#)
- Thur 7/14 ALTS Community: “TBD”
- Thur 7/28 Coaches Community: “TBD”
- Thur 7/28 LMSC Update: **“Creating an Inclusive Culture at your LMSC”** [Register](#)

Recent Webinars



Presentations and/or Recordings Available <https://www.usms.org/admin/minutes/index.php>

- May 19: Coaches Community **“Try Masters Swimming Month / Making your Facility and Workouts Welcoming to All”** – [Presentation](#) – [Recording](#)
- May 5: **Peer-to-Peer for LMSC Awards & Recognition** - [Presentation](#) - [Recording](#)
- April 14: LMSC Update: **“Membership Grown & Relay 2022 Recap (Dawson Hughes)”** - [Presentation](#) - [Recording](#)
- April 7: **Peer-to-Peer for LMSC Coaches Chair** – [Presentation](#) – [Recording](#)
- March 31: **Peer-to-Peer for LMSC Diversity & Inclusion Coordinator** – [Presentation](#) – [Recording](#)
- March 29: Education: **“Event Hosting: How To...”** – [Presentation](#) – [Recording](#)
- March 24: ALTS Community: **“Lessons on Partnering with Volunteers and the Community”** – [Presentation](#) – [Recording](#)
- March 17: Coaches Community: **“Relay Reflections”** – [Recording](#)
- March 10: LMSC Update: **“Managing LMSC Finances and Spending LMSC Cash Reserves”** – [Presentation](#) – [Recording](#)

New & Notable (1 of 4)



- Streamlines for Volunteers (now Monthly!) – May issue came out 5/10/2022
- Letter from President Peter Guadagni
 - [Webinar on Strategic Priorities](#) 5/31
 - Hybrid [Annual meeting](#) Sept 16-18 (via zoom or in-person in Denver CO)
- [Upcoming Webinars](#) ([LMSC Update](#), [ALTS Community](#), [Coaches Community](#), [Peer-to-Peer](#))
- Volunteer working [Calendar](#)
- Reach out to Meet Directors in your LMSC to ask how you can help with their [events](#) this year
- Reach out to Clubs to ask how you can help with [Try Masters Swimming Month](#) (July)
- [Volunteer Service Awards](#): USMS presents a number of awards annually to members who have excelled in various areas. Nominations for most awards are due July 1, except the Capt. Ransom J. Arthur M.D. Award.
- [Proposed Rule Book Amendments](#): All proposed changes to the USMS code of regulations and rules of competition must be submitted by June 10, 2022 to be considered by the House of Delegates at the 2022 Annual Meeting. Early submissions are highly encouraged.
- Volunteer Spotlight: Aaron Norton, Utah

New & Notable (2 of 4)



- Upcoming Dates for Volunteers:

<https://www.usms.org/volunteer-central/volunteer-working-calendar>

- Proposed changes to the USMS rule book due June 10
- *Long-Distance Open Water Championship June 11*
- *FINA Worlds (Budapest) June 17-July 3*
- Short Course Yards – Top10 Submission deadline June 30
- “Try Masters Swimming “ Month - July
- *New Award: [Diversity and Inclusion Award](#), nominations due July 1*
- Other Volunteer Award nominations due July 1
- Open Water National Championship 2024 bids due July 1
- *Sprint-Distance Open Water Championship July 16*
- *Middle-Distance Open Water Championship July 31*

New & Notable (3 of 4)



- Published Minutes (<https://www.usms.org/admin/minutes/index.php>)
 - 5/9 Coaches Committee [Minutes](#)
 - 4/19 Investment Committee [Minutes](#)
 - 4/18 Coaches Committee [Minutes](#)
 - 3/29 Legislation Committee [Minutes](#)
 - 3/14 Coaches Committee [Minutes](#)
 - 3/4 BOD [Minutes](#)
 - BOD Role at Relay
 - 2021 Year End Financials and Preliminary Plans for 2023
 - Strategic Priorities Next Steps
 - Greater emphasis on what happens at the local pool deck and improving those experiences

New & Notable (4 of 4)



- Meeting Planning
 - 2022 Annual Meeting <https://www.usms.org/volunteer-central/annual-meeting/2022-annual-meeting>
 - September 16-18, Denver or Virtual
 - [Schedule](#)
 - 2022 Elections
 - Proposed Amendments
 - Rules
 - Long Distance
 - Legislation
 - 2023 Financial Planning
 - Remembrance List
 - 2023 Committee Requests (will open after meeting)
 - Relay 2023
 - Expected Focus: “Event Development”

Information Share: Volunteer Development



- Recruiting New Volunteers
- Assigning Volunteers to the right role
- Keeping Volunteers Engaged

Panelist Wrap-Up

Questions for Phyllis?

Information Share: Upstream

- Feedback and input
- Priorities for upcoming webinars?
- Questions / Concerns?
- Small group discussion for volunteers from similar LMSCs?

Community



- Group Discussion (with Cameras on!)

Peer 2 Peer Tentative Schedule 2021-22



- Thur 9/30 LMSC Membership Coordinator
- Thur 11/4 LMSC Secretary
- Thur 1/6 LMSC Leadership (Chair / Vice-Chair)
- Thur 2/3 Event Hosting (LMSC Sanctions, Officials, Safety, Records, Top10)
- Thur 3/3 LSMC Treasurer
- Thur 3/31 LMSC Diversity & Inclusion Coordinator
- Thur 4/7 LMSC Coach & Club Development
- Thur 5/5 LMSC Awards & Recognition
- Thur 6/2 LMSC Communication
- Thur 6/30 LMSC Fitness Event Coordinator
- Thur 7/7 LMSC Hall of Fame
- Thur 9/1 LMSC Community Service

Context & Acronyms



- FINA (federation internationale de natation) is the international federation which governs international aquatics competition
- USAS (United States Aquatic Sports) is the umbrella organization that allows US athletes to compete in FINA events. USAS consists of USA Water Polo, USA Artistic (nee Synchronized) Swimming, USA Diving, USA Swimming, and US Masters Swimming)
- USMS (United States Masters Swimming) is the national governing body for swimming for adults 18 and over
- LMSC (Local Masters Swimming Committee) is the “state” level governing body for regions throughout the US
 - USMS is divided into 8 geographic zones
 - USMS contains 52 LMSCs.