



U.S. Masters Swimming

LMSC Awards and Recognition

Peer-to-Peer

May 5, 2022 Webinar

LMSC Development Committee
Peer-to-Peer Webinar



LMSC Development Facilitators

Linda Chapman swims with Puget Sound Masters in the Pacific Northwest LMSC. Linda currently serves on the Webinars Team and LMSC Standards Team for the USMS LMSC Development committee as well as serving as Chair of the Pacific Northwest LMSC.

Katherine Olson swims with the Sioux Falls Prairie Masters team in Sioux Falls, South Dakota. Katherine currently serves on the Mentorship Team for the USMS LMSC Development Committee and is the Communications Chair for the South Dakota LMSC.

Panelists

Beth Nymeyer swims with Minnesota Masters Swimming and coaches for the Minneapolis YWCA. She currently serves as the chair of the Recognition and Awards committee, and also serves as the Vice Chair and Fitness Events Coordinator for the Minnesota LMSC. In 2021 she was awarded the Dorothy Donnelly Service Award.

Marcia Benjamin is the founder and head coach of MEMO in Oakland California, which was the 2021 Club of the Year. She currently serves on the Recognition and Awards Committee. In 2006 she was awarded the Dorothy Donnelly Service Award, and in 2013 she was awarded the Kerry O'Brien Coaches Award.

Welcome Everyone!



- The webinar will begin in a few minutes; please stand by as everyone gets connected
- All attendees will be muted throughout the presentation
- You can submit questions to the moderator via the Q&A 'Chat' window



LMSC Development Facilitators



Linda Chapman



Katherine Olson



Awards & Recognition Panelists



Beth Nymeyer



Marcia Benjamin





Peer-to-Peer Webinars

Annual session hosted by LMSC Development and any relevant national committee for a specific LMSC role focused on establishing and growing mentoring relationships.

<https://www.usms.org/volunteer-central/lmscs/peer-to-peer-calls> Upcoming Schedule (subject to change):

9/30 – LMSC Membership Coordinator

11/4 – LMSC Secretary

1/6 – LMSC Leadership (Chair / Vice-Chair)

2/3 – Event Hosting (Sanctions, Safety, Officials, LMSC Records, Top10 Recorder)

3/3 – LMSC Treasurer

3/31 – LMSC Diversity & Inclusion Coordinator

4/7 – LMSC Coach & Club Development

5/5 – LMSC Awards & Recognition

6/2 – LMSC Communication

6/30 – LMSC Fitness Event Coordinator

7/7 – LMSC Hall of Fame

9/1 – LMSC Community Service

Agenda

- Resources - Linda
 - LSMC Awards & Recognition Chair Role Description
 - Recognition of Service Document (Suggestion for Awards)
- Peer-to-Peer Relationship Building Program – Katherine
- Awards & Recognition – Beth & Marcia
- Group Discussion / Q&A

Awards & Recognition Coordinator Resources

- [Awards & Recognition Coordinator Role Description](#)
The coordinator's purpose is to promote recognition of volunteer efforts within their LMSC. This position may also be filled by multiple people working as a committee.
- Recognition of Service for Volunteers document (suggestions for awards):
http://www.usms.org/admin/lmschb/volunteer_rec.pdf
- National Recognition and Awards Committee Chair: awards@usms.org

P2P Relationship Building Program

- We want to connect each LMSC Volunteer with 1-5 Peers in similar LMSCs.
[Program Overview Link](#)
- Fill out online sign-up form (closes Sunday 4/17)
- [>>LMSC Awards & Recognition – Sign Up Link<<](#)
 - Your contact info
 - Challenges?
 - Best Practice suggestions?
- LMSC Development will send you contact information for your Peer(s), along with some suggested conversation starters – we recommend you share contact information with each other, do a phone call in the next 30 days to get to know each other, then do a follow up in 3 months, and whenever you need a ‘buddy’ to talk to about being an LMSC Chair or Vice-Chair.

Thank You!



Recognizing Great Volunteers

USMS runs on volunteers

USMS was founded in 1970 by volunteers. In 2022 we have a paid national staff- but on a local level USMS runs primarily with the help of volunteers. Without YOU we wouldn't exist.

Dorothy Donnelly Award Winners 1997



When Volunteers Go Above and Beyond

What are two important jobs that are taken by volunteers in your LMSC?

What makes a great volunteer?

What do you do at a local level to recognize your volunteers?



Let's Talk AWARDS

What kind of awards do you give in your LMSC?

What do you think would be a FUN award that you don't give currently?

What is another way to say THANK YOU that we haven't talked about?



Sharing your Thankfulness

How do you recognize people in your LMSC for outstanding volunteerism outside of a physical award?

How do you publicize award winners and outstanding volunteer work? (Both digital and Analog/in person)

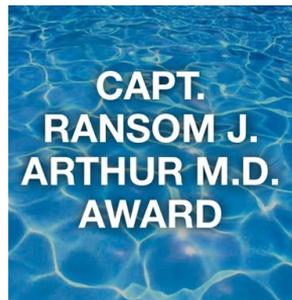
Do you have a way to create a NEW award or nominate someone for an Award?



Using National Awards as a Template

Have you had a chance to look at the National Awards? You can use these as a template to start NEW AWARDS at the LMSC level.

You can also nominate someone from your club or LMSC for an award. Being recognized nationally can be fun in any LMSC!



Dorothy Donnelly Award

This is great award to read about and get inspiration from if you need a template.

Who in your club or LMSC encourages physical fitness and health in adults through swimming either for fitness or competitively?

Who in your club or LMSC encourages fellowship and camaraderie among Masters Swimmers?

Who is your club or LMSC helps encourage organizations and communities to establish and Sponsor Masters Swimming Programs?

Who in your community best embodies the spirit of Masters Swimming?



How can I make Awards and Recognition happen for my LMSC?

- + Decide what kinds of service you want to recognize
- + Decide on a name for an award
- + Decide on a deadline for nominations
- + Create measurable criteria
- + Promote
- + Give it at a venue well attended



Can I nominate anyone for a National Award?

Yes! As long as they are a USMS member and do outstanding work! Just look at the National awards and see if anyone/any award is a good fit.



How do a write a good nomination (locally or nationally)

Tell a story! Why is this person impactful?

Give some data= years served, meets worked at, membership percentages grown

Details. We need to know more! Your LMSC membership wants a feel good story.

Answer any questions asked on forms

Read the criteria carefully so you don't miss key points



Thanks for Participating!

Email any questions you may have to our
committee!

Beth's Email:

nymey001@umn.edu

Marcia's Email:

Swimmingismylife.marcia@gmail.com



Q&A / Discussion



- Questions?

Upcoming Webinars

<https://www.usms.org/volunteer-central/lmscs/peer-to-peer-calls>



May – *Asian Pacific American Heritage Month, Jewish American Heritage Month*

- Thur 5/12 ALTS Community: “Inviting ALTS Graduates to ‘Try Masters Swimming’” [Register](#)
- Thur 5/19 Coaches Community: “Try Masters Swimming Month is July / Making Your Facility and Workouts Welcoming to All” [Register](#)
- Thur 5/26 LMSC Update – Focus on Volunteer Development [Register](#)

June – *Pride Month*

- Tue 5/31– Thur 6/9 FINA Worlds (Japan)
- Thur 6/2 LSMC Communication Coordinator P2P
- Thur 6/9 ALTS Community: “TBD ”
- Thur 6/16 Coaches Community: “Lap Swimming 101: building a bridge from ALTS to Masters” [Register](#)
- Sun 6/19 Juneteenth
- Thur 6/23 LSMC Update – Focus on Leadership Development (Peter Guadagni)
- Thur 6/30 LSMC Fitness Event Coordinator P2P

July – *Disability Pride Month, “Try Masters Swimming” Month*

- Thur 7/7 LSMC Hall of Fame Coordinator P2P
- Thur 7/14 ALTS Community: “TBD ”
- Thur 7/21 Coaches Community: “TBD”
- Thur 7/28 LSMC Update – Focus on Creating an Inclusive Culture at your LMSC